

Dream Big

An Activity Guide

created by Marcie Colleen
based upon the book
written and illustrated by Joyce Wan
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How to Use This Guide: This activity guide for *Dream Big* is designed for parents and caretakers of infants, toddlers, preschool, and kindergarten children. It is assumed that the parents and caretakers will adapt each activity to fit the needs and abilities of their own children.

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Hello!

In my book, **Dream Big**, I hope to not only honor 15 amazing women who made history but to also inspire children, girls especially, to look at the achievements of these women and be empowered to achieve anything they want.

You may recognize many of the women illustrated while some may be new to you. I incorporated the name of each woman in small font within each illustration as well as included a glossary on the back of the book giving a brief bio of each dreamer.

You can read the few words on each page as simple affirmations about dreams with younger children or delve deeper into the accomplishments of these pioneers with older children.

It's important for children, girls and boys both, to see examples of women demonstrating and recognized for a wide variety of skills, abilities, and accomplishments. With the help of this guide, I hope it leads to great discussions with children about these women and what they've achieved and gives children courage to let their own dreams take root.

I was inspired to write this book when I became a new mom to a baby girl and I was thinking about what message I wanted to impart to her and daughters everywhere. The message in this book is straight from my heart to yours and I hope it helps to inspire the next generation of history makers.



Xo
Joyce Wan

Joyce Wan, Author-Illustrator

Infant (0-1 Year)

Infants love to hear your voice, and it's never too early to begin reading together! At this stage, a book is less about the story and more about the tone of your voice, the rhythm of your speech and the visual stimulation of the pictures.

What Do We See?

Point to the illustrations on each page as you read, naming the objects and colors.

For example:

<u>Animals</u>	<u>Shapes</u>	<u>Colors</u>	<u>Objects</u>
Monkeys	Circle	Yellow	Airplane
Shark	Square	Blue	Book
Cat	Triangle	Orange	Tree
Deer	Rectangle	Green	Ladder
Owl	Heart	Red	Boat

Dream Big Songs

Sing a song based on *Dream Big* to the tune of "Twinkle, Twinkle Little Star."

Dream high	<i>(raise baby's arms high)</i>
Dream big,	<i>(raise baby's arms wide)</i>
Dream brave dreams.	
You can dream	<i>(clap baby's hands on each word)</i>
most anything.	

Sing to the tune of "The Bear Went Over the Mountain."

Amelia flew over the ocean,
Amelia flew over the ocean.
Amelia flew over the ocean
To see who she could be.

Vary, throughout the book. For example: *Frida painted a picture* or *Junko climbed over the mountain*.

Where is She?

Hold up the book and ask, "Where's the woman?"

Point to a picture of a woman. "There's the woman!"

Then, cover the picture with a small blanket or burp cloth. Ask, "Where's the woman?"

Uncover the picture and say, "There's the woman!"

Interchange with other words for the iconic women featured, including:

Scientist	Hero	Trailblazer	Dreamer
Leader	Artist	Adventurer	Pioneer

Toddler (1-2 Years)

Many toddlers are ready to take a more active role in story time. They can repeat words, count along with you, and begin to identify shapes and colors.

I Spy

As you read, ask, "Where is the...?" Your toddler can respond by pointing to the correct illustration.

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Practice more shape and color recognition. Say, "I spy something _____" The blank can be filled with any color or shape on the page. The child can then guess what you spy.

Counting Through the Book

Read through the book, counting as you go.

"How many clouds do you see?"

"Let's count the trees."

"Can you count the monkeys?"

"Count the things that are swimming."

I Can Do That!

Every time you read a page, your child can perform an action to accompany the text.

Text

Action

Dream big,

Raise and spread arms

Dream high,

Jump into the air

Dream brave dreams. *Stand strong with fists on hips, superhero-style*

Before turning the page, your child can point to themselves and say, "I can do that!"

Preschool/Kindergarten (3-5 Years)

Reading Comprehension

Ask questions throughout the exploration of the book. Encourage your preschooler to help.

- “This woman is an architect. She builds buildings. Have you ever built a building out of blocks? What else do you like to build?”
- “Amelia Earhart was the first woman to fly across the Atlantic Ocean alone. If you could fly anywhere, where would you go? Why? Would you go alone or would you like to go with someone? If so, who?”

What I Want to Be

Trace your child’s body on a large piece of paper and allow them to decorate their outline to show all the big dreams they have inside them.

A Picture Walk

After reading *Dream Big*, encourage children to re-read the book using the pictures as clues.

Look at the cover and assist your child in describing what they see in the picture. For example, “in this picture, I see a woman standing on top of a mountain with a flag.”

Now, open to the first page of the book and help your child describe what is happening on this page.

Encourage speaking in full sentences and giving as many details as possible. Continue in this manner, through the rest of the book.

Before turning each page, discuss who this woman was, using the back page of information to help.

Where Are You?

Look closely at the “Dream big, little one, there’s nothing you can’t do” page of the book.

Point to various people in the illustration and ask your child to explain what their dream might be and how they are using their dream to help others.

Ask your child where they would place themselves in this spread and why?

Then, using craft supplies such as markers, crayons, cotton balls, yarn, glitter, etc. your child can create their own illustration inspired by this page.

Dream Cloud

The women in DREAM BIG dreamed of things they wanted to do and the kind of person they wanted to be. What are some of your dreams?

I dream of...

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Name: _____

